



CAPITAL REGION PUBLIC HEALTH NEWSLETTER

Issue #8

Hello,

This newsletter provides 3 different opportunities to learn more about maternal and child health. The [Health Disparities Report](#) tells us that while the region as a whole is largely comparable to Upstate NY, early prenatal care is less likely and low birthweight babies are more likely for teens (35% and 40% respectively) and Black non-Hispanic residents (20% and 80%). See the [appendices summary](#) (page 10) for hotspots.

Come join us at the PHIP Advisory Committee [\(PHIPAC\) open forum](#) in early December that will have speakers to review the Disparities Report and presentations on effective regional strategies addressing maternal and child health. See also the [Public Health Training Center's](#) resource on measurement strategies for maternal and child health prevention initiatives.

There are lots of [Upcoming Events](#) and [Professional Development Opportunities](#) in the region. Meanwhile, [DSRIP updates](#) are brimming with videos and training on the transition to Value Based Payment. Check it out!

Come join us!
Kevin Jobin-Davis
Executive Director, HCDI

THE LATEST IN NEW YORK STATE HEALTH INITIATIVES

Population Health Improvement Program (PHIP)



The flyer features a header with the text "Maternal & Child Health" in blue. Below the header is a row of seven photographs showing diverse women and children. A large blue arrow-shaped graphic points downwards, containing the text "SAVE THE DATE" in white, followed by "PHIPAC DECEMBER 7, 2017 9:00 A.M.—11:00 A.M." and the address "Saint Mary's Hospital 1300 Massachusetts Ave, Troy, NY 12180". To the right of the arrow, under the heading "SPEAKERS:", is a list of four speakers with their affiliations. At the bottom of the flyer, it reads "Population Health Improvement Program Advisory Committee" and includes the website "www.hcdiny.org".

Maternal & Child Health

SAVE THE DATE

PHIPAC
DECEMBER 7, 2017
9:00 A.M.—11:00 A.M.

Saint Mary's Hospital
1300 Massachusetts Ave, Troy, NY 12180

SPEAKERS:

- Anne Radigan, New York State Department of Health
- Christine Bozlak, PhD, MPH, SUNY Albany School of Public Health
- Lara Madison, WILLOW
- Jennifer Lefner, MD, Saratoga Hospital

Population Health Improvement Program Advisory Committee
www.hcdiny.org

Healthy Capital District Initiative is hosting the Population Health Improvement Program Advisory Committee (PHIPAC) meeting on Thursday, December 7, 2017 from 9:00 a.m. to 11:00 a.m. The focus is on Maternal and Child Health and speakers include stakeholders implementing best practice strategies to address poor pregnancy outcomes.

Last quarter, our Consumer Specialist conducted a survey on Obesity and Physical Activity to gain insight on motivators and barriers to physical activity in the Capital Region. A total of 110 individuals completed the survey and shared their barriers and preferences. You can view the survey [results](#) on our **new Consumer Corner** web page which contains consumer priorities, a resource library, and our research and reports. For more information on the Consumer Health Network, contact Deborah Henderson (dhenderson@hcdiny.org).

Similarly, the **new Care Coordination Resource Center** web page is available for the current workforce, employers and educators to learn more about the emerging roles in community health. You will find tools and resources on value-based payment, models of care, information and referral resources, professional development as well as role descriptions for community health worker, care coordinator, and health coach.

Delivery System Reform Incentive Payment (DSRIP) Program



Medicaid Director Jason Helgeson announced a new focus for Medicaid Redesign in New York: The First 1000 Days on Medicaid initiative. This initiative will be a collaborative effort, bringing together stakeholders that will be charged with developing a ten-point agenda to focus on enhancing access to services and improving outcomes for children on Medicaid. [Read more](#)

DSRIP Whiteboards

Have you seen the latest DSRIP Whiteboard? In this video, New York State Medicaid Director, Jason Helgeson, describes the top best practices currently happening among Performing Provider Systems (PPS) in DSRIP Year 3. He also gives a tangible example for each of the best practices. Click [here](#) to watch.

Are you trying to connect your organization to Value Based Payment? New York State Medicaid Director Jason Helgeson describes the top 5 things that Community Based Organization (CBOs) need to know in order to be successful in the move to Value Based Payment (VBP). Click [here](#) to watch.

Alliance for Better Health

Alliance Launches Care Coordination Blog

To provide the community with a look inside the work of care coordination, the challenges Medicaid patients face, successes as the delivery system transforms, and other front-line observations. [Read more.](#)

Improve Patient Outcomes with Health Literacy

“Dear providers: your patients don’t understand you,” begins a recent article from Betsy Campisi, Ph.D. of Alliance for Better Health. In the article, Betsy notes how more than 1/3 of American adults have low health literacy, but there are specific steps providers can take to address this challenge and improve their patients’ understanding. [Read more](#)

Better Health for Northeast New York

National Health Literacy Month - October

BHNNY collaborated with neighboring PPS, Alliance for Better Health (AFBH) and Adirondack Health Institute (AHI), and sponsored training for partner organizations on “Critical Health Literacy: Communicating Your Message Through Plain Language and Visuals.”

BHNNY Performance Trends

You can now see how the PPS is measuring up over time on key DSRIP performance measures. [Read more](#)

Value Based Payment (VBP) Bootcamps continue throughout New York State. [Read more](#)

HEALTH DISPARITIES REPORT

Capital Region Maternal and Infant Health

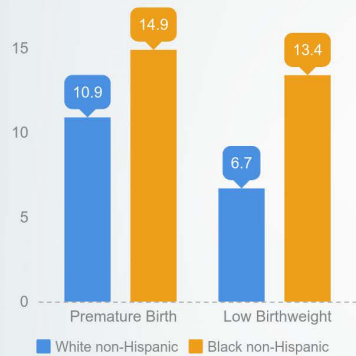


Premature birth and low birthweight are leading causes of infant mortality, and babies born preterm or at low birthweight are more likely to have or develop significant health problems compared to children who are born at full term or normal birthweight.
So, how is the Capital Region doing?

1 in 10
Capital Region
babies were born
premature



■ premature (10%) ■ not premature (90%)

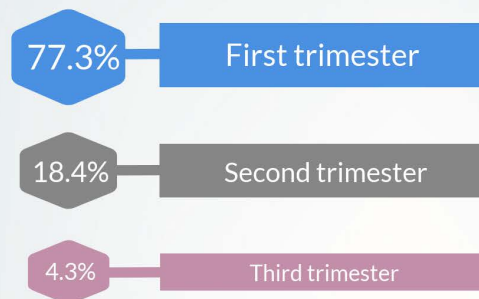


Premature birth rates were **50%** higher and low birthweight was **100%** higher in black non-Hispanic women

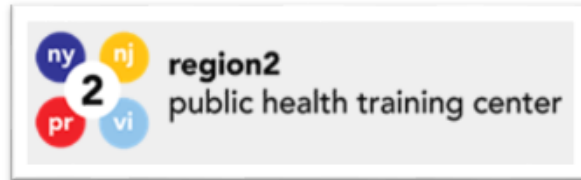
Prenatal Care Matters



Late prenatal care is associated with poorer birth outcomes, including low birthweight and premature birth. In the Capital Region...



MATERNAL AND INFANT HEALTH



Data-based Decision Making in Maternal and Infant Health: Data2Action Modules

The NYSDOH and the Region 2 Public Health Training Center have developed two interactive course modules (Reg2PHTC-Data2Action1

and Reg2PHTC-Data2Action2) that are now available on the NYSDOH Learning Management Network. These courses are available electronically and free to the public. The purpose of this training is to inform public health professionals how to use data to shape needs assessments, develop public health programs, and provide a framework for program evaluation. In Module One of the series, learners will be able to identify and take advantage of readily available data sources to begin analyzing and presenting Maternal and Infant Health data systematically. In Module Two of the series, learners will learn useful sources of evidence-based interventions, how to frame SMART objectives, and how to utilize process and outcome measures in program monitoring and evaluation. The series uses Columbia County, NY as a case study. [Read more](#)

UPCOMING EVENTS AND RESOURCES

Thursday, November 16, 2017

Albany Strategic Alliance Meeting

8:45 a.m. – 10:15 a.m.

Albany County Department of Health

175 Green Street, Basement Auditorium, Albany, NY 12202

Friday, November 17, 2017

HCDI Care Coordination Task Force

8:30 a.m. - 10:00 a.m.

Healthy Capital District Initiative

175 Central Avenue, 3rd Floor Conference Room, Albany, NY 12206

Saturday, November 18, 2017

Lions Strides Educational Activity Fair and Walk

8:30 a.m. - 4:00 p.m.

Saratoga National Museum of Dance

99 S Broadway, Saratoga Springs, NY 12866

Monday, December 4, 2017

Rensselaer Wellness Committee Meeting

10:00 a.m. - 11:00 a.m.

Rensselaer County Department of Health

1600 7th Avenue, 2nd Floor, Troy, NY 12180

Thursday, December 7, 2017
Mental Health & Substance Abuse Coalition Meeting
8:00 a.m. - 10:00 a.m.
Saratoga Hospital
59D Myrtle Avenue, Saratoga Springs, NY 12866

Thursday, December 7, 2017
Columbia-Greene Suicide Prevention Coalition
3:00 p.m. - 4:00 p.m.
Greene County Mental Health Center
905 County Building, Cairo, NY 12413

Friday, December 8, 2017
Greene County MAPP Committee
1:00 p.m. - 3:00 p.m.
Greene County Office Building
411 Main Street, Catskill, NY 12414

Friday, December 15, 2017
HCDI Care Coordination Task Force
8:30 a.m. - 10:00 a.m.
Healthy Capital District Initiative
175 Central Avenue, 3rd Floor Conference Room, Albany, NY 12206

Wednesday, December 20, 2017
Rensselaer County Heroin Coalition
10:00 a.m. - 12:00 p.m.
Rensselaer County Department of Social Services, Administration Building 2nd floor
127 Bloomingrove Drive, Troy, NY 12180

Thursday, December 21, 2017
Albany Strategic Alliance Meeting
8:45 a.m. – 10:15 a.m.
Albany County Department of Health
175 Green Street, Basement Auditorium, Albany, NY 12202

Thursday, January 4, 2018
Mental Health & Substance Abuse Coalition Meeting
8:00 a.m. - 10:00 a.m.
Saratoga Hospital
59D Myrtle Avenue, Saratoga Springs, NY 12866

Monday, January 8, 2018
Rensselaer Wellness Committee Meeting
10:00 a.m. - 11:00 a.m.
Rensselaer County Department of Health
1600 7th Avenue, 2nd Floor, Troy, NY 12180

Wednesday, January 10, 2018
HCDI Prevention Agenda Workgroup- Closed Meeting
8:30 a.m. - 10:00 a.m.
Healthy Capital District Initiative
175 Central Avenue, 5th Floor Conference Room, Albany, NY 12206

Wednesday, January 10, 2018
Rensselaer County Heroin Coalition
10:00 a.m. - 12:00 p.m.
Rensselaer County Department of Social Services,
Administration Building 2nd floor
127 Bloomingrove Drive, Troy, NY 12180

Thursday, January 18, 2018
Albany County Strategic Alliance Meeting
8:45 a.m. – 10:15 a.m.
Albany County Department of Health
175 Green Street, Basement Auditorium, Albany, NY 12202

Thursday, January 18, 2018
Schenectady Coalition for a Healthy Community
2:00 p.m. - 4:00 p.m.
Ellis McClellan Street Health Center Auditorium
600 McClellan Street, Schenectady, NY 12304

Monday, January 22, 2018
Columbia County Public Health Leadership Team Meeting
2:30 p.m. - 3:30 p.m.
Columbia County Department of Health
325 Columbia Street, Hudson, NY 12534

Professional Development Opportunities

SUNY Office of Diversity, Equity and Inclusion Conference: “Engaging Diversity, Equity and Inclusivity in the Classroom, Campus and Community”

Join the State University of New York in celebrating a decade of work by the Office of Diversity, Equity, and Inclusion. [Read more](#)

November 29 - December 1, 2017

Albany Marriott, 189 Wolf Road, Albany, NY 12205



Save the Date: Capital Region and Upstate NY Value Based Payment training. [Read more](#)

Toward Justice: Reducing Harm and Reduction and Improving Health and Safety

Participants will explore innovative municipal approaches, like Albany's Law Enforcement Assisted Diversion (LEAD) program, to improve community health and safety, address racial disparities, and save lives. [Read more](#)

Albany Medical College, 47 New Scotland, Albany, NY 12208

Networking Event
Monday, December 4, 2017
6:00 p.m. - 8:00 p.m.

Full Symposium
Tuesday, December 5, 2017
8:30 a.m.- 4:00 p.m.



Population Health Summit 2017: "Five-Year Retrospective: How Far We Have Come, and What Lies Ahead"

The New York State Health Foundation, The New York Academy of Medicine, and the Department of Population Health, NYU Langone Health are sponsoring the fifth annual Population Health Summit, "Five-Year Retrospective: How Far We Have Come, and What Lies Ahead." [Read more](#)

December 11, 2017

The New York Academy of Medicine, 1216 Fifth Avenue, New York, NY 10029

Youth Mental Health First Aid

Youth Mental Health First Aid USA is an 8 hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. [Read more](#)

December 13, 2017

Mental Health Association in New York State, Inc.,
194 Washington Avenue, Suite 415, Albany, NY 12210



Northeast Home Health Leadership Summit

Gather with your northeast peers at the Summit for leaps and bounds of policy updates, hot-topic workshops, networking opportunities and more to support your superhero role in home health care during the Northeast Home Health Leadership Summit in Boston. [Read more](#)

January 16 - 18, 2018

The Colonnade Hotel, 120 Huntington Avenue, Boston, MA 02116

GRANTS

Community Health Grants

The American Medical Association Foundation (AMAF) announces the availability of funds through our Community Health Grants (CHG) program. AMAF seeks to financially support innovative programs targeting the prevention and reduction of type 2 diabetes and hypertension. Grant funding will support community-based organizations such as free health clinics that provide services to vulnerable and underserved populations. The deadline for all applications is Wednesday, December 20, 2017 at 11:59p.m. CST. [Read more](#)

America Walks

America Walks is excited to extend another round of community change micro grants to individuals and communities interested in improving the public sphere for walking or otherwise helping to make walking more commonplace. This program awards up to \$1,500 to fund or help to catalyze smaller-scale, low-cost projects and programs that increase the prevalence of walking, expand the diversity of people and organizations working to advance walkability, and help to make walking safer, easier, and more fun for all community members. [Read more](#)

MEET OUR NEW TEAM MEMBER

Lauren Boyd, MPH



Lauren Boyd is a Public Health Planner serving Columbia and Greene Counties. Lauren holds a Bachelor of Science degree in Wellness Management and a double Minor in Health Science and Business Administration from the State University of New York at Oswego as well as a Master of Public Health in Health Policy and Management from the University at Albany School of Public Health. While completing her Master degree, Lauren served as an intern for Schenectady County Public Health Services working on the Partnerships to Improve Community Health (PICH) grant, funded by the CDC, to develop and implement a community wide-food plan.

Before joining HCDI, she was a Senior Program Associate for the Center for Health Workforce Studies where she assisted with program research activities such as planning, conducting, evaluating, interpreting, and reporting study findings for projects about New York State's health workforce. Lauren is from Schenectady County and enjoys spending time with her family and friends, going camping in the Adirondacks and visiting the beaches in Cape Cod, Massachusetts.